



Girlguiding

1st Terrington St Clement Guides

girls in the lead

The Duck Challenge!



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The Duck Challenge !

By 1st Terrington St Clement Guides

The History of Rubber Ducks

The exact date of the first rubber duck is unknown, but it is believed to be in the early 1800's. Rubber ducks were first made of hard rubber and did not have a squeak. A traditional rubber duck is yellow. They were first made around the time that other rubber toys were developed.

Rubber ducks have become collectors' items. The Guinness World Record for the most rubber ducks is 2,587.

Rubber Duck Races

Racing rubber ducks is becoming a popular way of raising money for charity. Rubber ducks are raced through a course marked out with buoys in rivers, ponds and lakes. The winner is the duck that crosses the finish line first. The first rubber duck race in the UK was held in July 2006 in London on the river Thames, known as the Great London Duck race, 20,000 rubber ducks were set free at Battersea Park. Many went off course due to a strong tide. The winning duck completed the course in half an hour. Proceeds went to Nightingale House, which is a care home for the elderly in South-West London.

Please find a range of Challenges and crafts for you to complete. Choose as many as you want to do, but have fun!

Section 1 General Duck Activities

1 Create your own duck

- First, design your duck on paper using pens or pencils.
- Your duck can be any colour and you can give it a name e.g. Rock star Duck, Doctor Duck, Harry Potter Duck, Schoolgirl Duck and etc.,
- Make a collage or a 3d picture out of recycled materials.
- Make it simple, Design a duck - get a rubber



duck or a duck colouring sheet and use lots of materials to decorate it.

<http://www.dltk-kids.com/animals/mbirdsposter.html>

2 Duck Hunt

- Use either duck colouring sheets or small rubber ducks available on eBay!
- Hide the ducks around the venue e.g. meeting place, campsite, park etc.,
- In groups/ teams of about 4 or 5 try to find as many ducks as you can. Try holding hands to encourage team work!
- Each team could have a pond to put their collection of ducks in (a washing up bowl filled with water or similar).
- Make it harder - The teams should start at their own pond and when the leader says 'steal your ducks' all the teams must steal ducks from the other teams but only one by one.
- Whichever team has the most ducks at the end of the minute wins.

Find the word

Using plastic ducks or duck shapes write letters on each one. Hide them in the room or outdoor space. Collect all the letters to make up a word

ie: ducks are great- d-u-c-k-s a-r-e g-r-e-a-t.

3 Duck T-Shirts

- One plain white T-Shirt per person.
- Design a duck or duck style picture on paper first. You could use some of the templates in the craft section!
- Use paints and fabric pens to draw and decorate your T-Shirt. Don't forget to iron in your design.
- Hold a fashion show!

4 Make up a duck dance

- Make up some silly duck movements and act them out to a song.
- Act out five little ducks!
<http://www.dltk-teach.com/rhymes/ducks/mlyrics.htm>
- Make a play, in which the characters are ducks. It can be on anything! It has to be at least 3 minutes long. After you've created it get your leaders and the rest of your unit to watch it.

5 Duck song/ poem

- Write a duck related song or poem, Make it funny and random
- Turn your duck song or poem into a rap with some pop music.
- Make a 4 verse song or poem about ducks. Each verse has to rhyme.

6 Hook a duck

Have ago at hook the duck in a paddling pool. Mark the ducks with different numbers on the bottom and see who can collect the most points in a set time.

7 Equipment for your Duck

- Build a caravan (with wheels) that the duck family can travel in. Make a sofa, bed, bath, etc.,
- Create or draw a daddy duck with colourful clothes and accessories.
- Make a nest for your duck, use a shoe box, tissue paper, etc.,
- Make a chair which your duck can sit in. How high can you make it before it falls over?
- Make a raft for your duck and test it to see if it floats on water for at least 1 minute for your raft to be successful.
- Design a brand of duck clothing. It has to have 5 different items of clothing in it. Then make one of them for your duck or you!
- Make a ducks dream dessert, bread and butter pudding.

- Play a duck game i.e. duck, duck, goose.

- Create a story board of adventures for your duck.

- Find some friends for your duck, how many famous ducks can you name?

8 Identify the local ducks

Go to the local lake, pond or park and try to identify the ducks and see how many you can count. Why not take part in something like the RSPB garden watch. www.rspb.org.uk/birdwatch/

9 Make duck cakes

- Make a cake that is in the shape of a duck and ice it.

- Cook some fairy cakes and decorate them with eyes and a beak!
- Cut rubber duck shapes out of yellow roll-out icing!

10. Duck Race

Hold a duck race! A village in Norfolk called Hilgay now run an annual duck race to raise money for local charities. Do they hold a duck race near you?

http://www.lynnnews.co.uk/news/they_swam_and_swam_at_hilgay_duck_race_1_524488?action=logout

11 Take a look at one the best rubber duck website

The largest selection of *Rubber Ducks* in the UK...with over 125000 ducks in stock!

How many different ones can you count?

<http://www.justducks.co.uk/>

and <http://www.rubberducks.org.uk/>

A website dedicated to rubber ducks.

Section 2

Duck Team building activities

Ducks obstacle course

- Set up an obstacle course to take mummy duck across the pond to save her ducklings

Duck relay race

- Each member of the team in turn collect a baby duck from the other end of the room or space, take each one back to the starting point and put it into a container/pond. First team back with all the baby ducks wins.

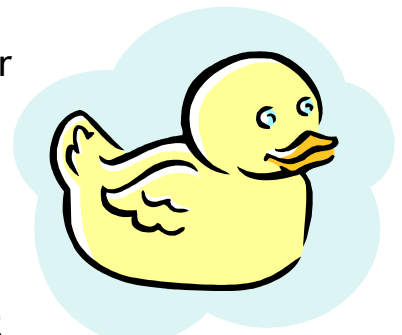
Duck Minefield

- One of the baby ducks has wandered off over a field full of mines.

It is your task to find your way through the minefield to rescue the baby duck and return her safely back to her mum.

How to complete this task-

Pair up - one is to be blindfolded and cannot talk, the other can talk but cannot enter the field. Spend a few minutes talking to each other in your pairs to confirm instructions you are going to use. Remember there will be others talking within your group as well.



The challenge is for each blind-folded person to walk from one side of the field to the other, avoiding the "mines", by listening to the verbal instructions of their partners.

Each time you hit a mine or collide with a other member of the team one point will be de-duckted !

Once the first set of team members are over the field and rescued the baby duck, swap over in your pairs so the other half of your pair can have a go too.

(Minefield Leaders Instructions

Using different size objects, food cans, bottles etc., cover an area with mines! Need 4 blindfolds, score sheet, pen.)

Stepping stones

- Another Baby duck has wandered off over a stream and it is too deep to get back.

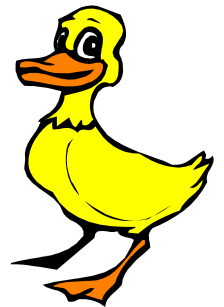
It is your task to rescue baby duck by working your way across the stream using the stepping stones.

You cannot move to the next stepping stone until everyone is all together. Every time someone touches the water in the stream a point is de-duckted!

P.S. you may notice the stones get smaller! Work as a team to hold on!

(Stepping stones, leaders instructions

Equipment: 6 different sized stepping stones, ranging from big to small. Stepping size apart from each other! A hoop, rope circles, etc., Score sheet, pen, stopwatch)



Over the Valley!

- Another baby duck has wandered off and got stuck high up a hill.

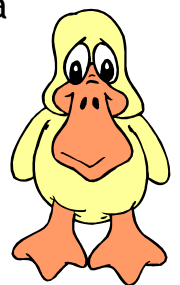
It is your task to build her a basket and transport her across the valley to the other side.

Using the equipment supplied, work as a team to get her safely back to her mum over the valley!

(Over the valley Leaders instructions

Ball of string, straws, cellotape, balloon, plastic cup, pipe cleaners.

The idea is that they put the duck in the cup, attach the cup to the balloon with the straw so when you let go of the balloon at the high end of the string it should take to duck down to the other end of the string, thus carrying the duck over the valley)

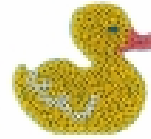


Section 3

Duck Crafts

1 Duck Hama Beads

Make up your own Hama duck design or use one on the internet to help.



Hama bead Duck magnet

<http://www.craftyville.ca/how-to-make-a-hama-bead-duck-magnet>

Tasha travelling ducky



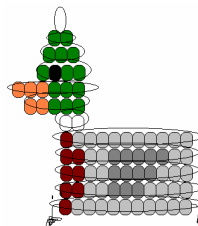
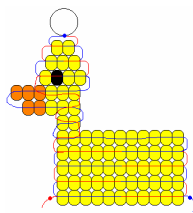
http://www.eksuccessbrands.com/perlerbeads/Projects/Tasha_s_Traveling_Ducky.htm

Biggie Beads Duck



http://www.eksuccessbrands.com/perlerbeads/Projects/Biggie_Beads_Duck.htm

2 Pond bead



Duck

<http://beadecritters.com/patternpages/beadduck.htm>

<http://beadecritters.com/patternpages/beadmallard.htm>

<http://beadecritters.com/patternpages/beadduck2.htm>

Not so easy!

Try using hama beads !



3 Paper duck craft, template and instruction on:-

<http://www.dltk-kids.com/animals/mpaperduck.htm>



Duck paper plate craft

<http://www.enchantedlearning.com/crafts/animals/duck/>

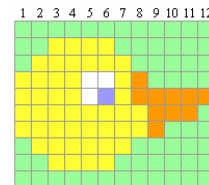
The big mouthed duck



<http://www.crayola.com/crafts/detail/bill,-the-big-mouthed-duck-craft/>

4 Safety pin Jewellery

Duck head safety pin jewellery, template and instruction on :-

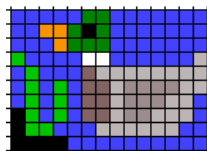


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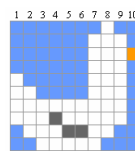
<http://familycrafts.about.com/cs/beadedsafetypins/l/blspinduck1.htm>

Mallard Duck Pattern

Beaded white duck



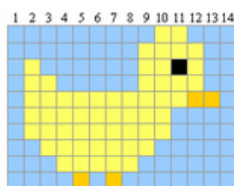
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at About.com



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<http://parentingteens.about.com/od/craftsnature/ss/safetypinpatternsanimals.htm>

<http://familycrafts.about.com/cs/beadedsafetypins/l/blspinduck2.htm>



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Chick or Duckling Beaded Safety Pin Design

http://familycrafts.about.com/od/beadedsafetypins/a/Chick_Beaded_Safety_Pin.htm

5 Make a yellow duck/chick yarn bug



Instruction and template on

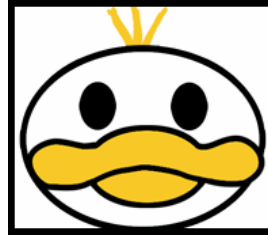
http://www.makingfriends.com/bug/bug_chick.htm

6 Make a duck floating bath toy!

7 Create a A Pop up duck card

8 Create a Magnetic Duck Pond

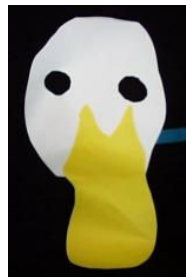
9 Make Paper Duck Masks



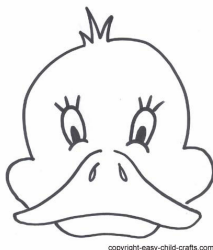
Learn How to Draw Ducks and much more available on :-

<http://www.artistshelpingchildren.org/ducks-craftsideasactivitieskids.html>

More duck masks to make



<http://craftdaily.blogspot.com/2007/03/delightful-and-dashing-duck-masks.html>



<http://www.easy-child-crafts.com/images/hd-duck-mask-template.jpg>

10 Make a Duck Mobile

Instruction and templates on:-

<http://www.dltk-kids.com/animals/mbirdmobile.htm>

11 Make a duck puppet

Make a duck finger puppet or use some craft foam to make a duck shape

Template available on:

<http://www.first-school.ws/t/cpduck2.htm>

Cut out the template on:

<http://sunniebunniezz.com/puppetry/duck.htm> and stick them to a sock!

How to make a sock puppet:

<http://www.daniellesplace.com/html/puppets.html>

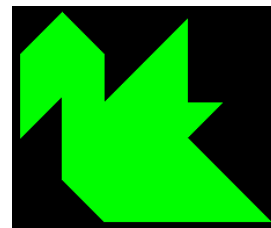
Duck finger puppet from a film case:

<http://familycrafts.about.com/od/filmandpillbottlecrafts/ss/Duck-Finger-Puppet-Craft.htm>

12 Make a tangram duck puzzle

Tangram is a Chinese puzzle consisting of 7 rearrangeable pieces. Rearrange the seven tangram pieces to form a DUCK shape

<http://www.logicville.com/puzT9.htm>



<http://www.smart-kit.com/games/baby-duck-puzzle/>

<http://tangram.blogspot.com/2006/02/16/duck/>

<http://www.enchantedlearning.com/crafts/chinesenewyear/tangram/>

13 Make an origami duck

Learn to fold and make an origami duck

<http://anyone-can-origami.com/origami-duck/>

http://www.youtube.com/watch?v=G2_-RmKqWRM

<http://www.origami-resource-center.com/birds.html>

<http://en.origami-club.com/animal/duck/wildduck/index.html>

Section 4

Ordering your Badges

1st Terrington St Clement Guides hope you have had lots of fun with the duck theme; we held a camp and had a rubber duck theme. We now have rubber duck woggles and a new Necker design to finish off our uniform. We do hope that you enjoyed the challenge as much as we have trying out the activities and writing new ones.

BADGE ORDER FORM

Unit.....

County.....

No. of badges.....@ £1 each = £.....

Postage (2nd class letter post)

1-25 badges £ 0.65

26-65 badges £ 1.00

66-130 badges £ 1.50

Total £.....

Contact Name and Address:

.....
.....
.....
.....

Postcode.....

Email:

Please make cheques payable to '1st Terrington St Clement Guides' and send your order to:-

Jill Crowson - Duck Challenge

Grove Farm,

Shepherdsgate Rd,

Tilney All Saints,

King's Lynn,

Norfolk

PE34 4RW

Email: grovefarm@sky.com

Website: <http://1stteringtonstclementguides.cu.cc/Guides/index.html.htm>