

Uzbekistan Challenge Badge

Complete at least 6 clauses to gain your badge



Badges cost £1.75 each
(Order form on page 6)

Proceeds will go towards the Ultimate
Uzbekistan Centenary Adventure



1) a: Find out where Uzbekistan is on a map. Discover what the Uzbekistan flag looks like and what the colours represent.
b: Learn some basic Uzbek words

2) Try the Uzbekistan Quiz (page 3-4)
You may have to do a little research!



3) Cook an Uzbekistani recipe such as Plov.
Visit www.uzbekcuisine.com for some ideas.

4) The "choyhona" (teahouse) is a cornerstone of traditional Uzbek society. Try some green and black teas and hold your own Uzbek tea ceremony.

A guest to an Uzbek household is always offered a piala (a small bowl) of aromatic green tea. In the traditional Uzbek tea ceremony, the tea from the teapot is poured into the piala and returned to the teapot three times. The first returning is called "loy", the second "moy" and only after the third time it becomes "choy" or tea. This is believed to extract all the aroma and flavour of the tea. As a token of respect for the guest, the host fills only one half of the piala, and then, putting the left hand to his heart, with his right hand presents this piala to the guest.

5) Timur, or Tamerlane, a famous 14th-century conqueror born in modern Uzbekistan, may have invented the game Tamerlane chess. Either learn to play chess, or, if you can already play, learn Tamerlane Chess.
Rules can be found at: http://en.wikipedia.org/wiki/Tamerlane_chess



6) Build your own minaret using toilet rolls and card. Decorate in Uzbek style with brightly coloured paper in blue, turquoise

7) An ancient form of entertainment still enjoyed by the Uzbeks is *payr*, an unrehearsed public debate. Hold a debate in your unit or patrol

8) Create your own travel itinerary for a trip to Uzbekistan. Find out what there is to see and do and find pictures to illustrate your plan.



9) Uzbekistan was on the Silk Road. Silk is made in Uzbekistan as well as being used for silk weaving, carpets and elaborate embroidery. Try a craft using silk, such as silk painting or learn some embroidery stitches and use them to make a decorative item.

10) *Rishtan* in Uzbekistan was famous for its traditional blue ceramics, like the picture above
Try painting your own pottery.

11) Children love to play games such as *top tosh*. *Top tosh* is like jacks, except that Uzbek children play it with rocks or pebbles.
Learn to play Jacks using the instructions on page 4

12) Design your own pattern for a rug or carpet or try rug making (see carpet design to left)



Uzbekistan Quiz

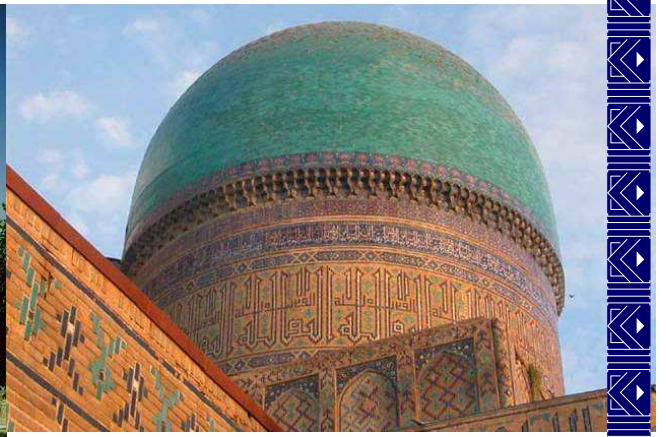
- 1) What is the capital city?
- 2) What is the currency?
- 3) What is the official language?
- 4) What is most common religion?
- 5) The world's largest desert is partly in Uzbekistan; what is it called?
- 6) What is this?



- 7) Which countries have a border with Uzbekistan?
- 8) Which mathematician born in Khiva in Uzbekistan introduced the use of Arabic numbers and was the founder of algebra?
- 9) Can you identify these famous sites of Uzbekistan?



A:



B:



D:

C:

10) When did Uzbekistan become an independent country?

11) Uzbekistan is one of only two doubly-landlocked countries in the world (a double landlocked country is surrounded only by other landlocked countries.) Which is the other one?

12) What was the Silk Road and how did it get its name?

Answers:

- 1) Tashkent
- 2) Som
- 3) Uzbek
- 4) Islam
- 5) Kyzylkum
- 6) The Uzbekistan Coat of Arms
- 7) Turkmenistan, Kazakhstan, Kyrgyzstan, Tajikistan, Afghanistan
- 8) Al-Khwarizmi, born in Khiva around 780
- 9) a: The Ulugbek Madrasah (Samarkand) b: Bibi Khanum Mosque (Samarkand)
c: The Kalta Minor or Short Minaret (Khiva) d: Ichan Kala- the inner city of Khiva
- 10) September 1991
- 11) Liechtenstein
- 12) The Silk Road was the trading route between China and the West. The route took its name from silk, the commodity most in demand in Europe from China during the Roman period.

Rules for Jacks

Toss the 10 jacks gently out onto the playing surface.

Bounce the ball with one hand

While the ball is in the air, pick up 1 jack using only your bouncing hand.

Catch the ball in your bouncing hand before the ball hits the ground.

Repeat until you've picked up all 10 jacks.

Toss the 10 jacks out onto the playing surface again.

Bounce the ball, and now pick up 2 jacks each time and catch the ball before it hits the ground.

Continue bouncing the ball, picking up jacks and catching the ball. Increase the number of jacks until you pick up all 10 at one time.

When you don't pick up the correct number of jacks or you miss the ball, the next player takes their turn.

When it's your turn again, begin where you left off. If you were picking up 3 jacks at a time, toss the 10 jacks onto the playing surface and pick up 3 each time.

The winner is the first person to pick up all 10 jacks in one bounce – or the person to pick up the most number of jacks a bounce!



BADGE ORDER FORM

Unit

Rainbow / Brownies / Guides / Senior Section / Adult / Trefoil Guild
(Please circle)

County

Guider's name

Address where badges should be sent

Postcode

Phone or email in case of queries

Number of badges required at £1.75 each

Please add postage according to the number of badges you order:

50p for 1-5 badges

£1 for every 25 badges

Total amount enclosed £

Make your cheque payable to Katherine Butler.

Post to:

Katherine Butler

22 George Moore Close

Oxford

OX4 4BZ

Contact: flutelessons@hotmail.co.uk